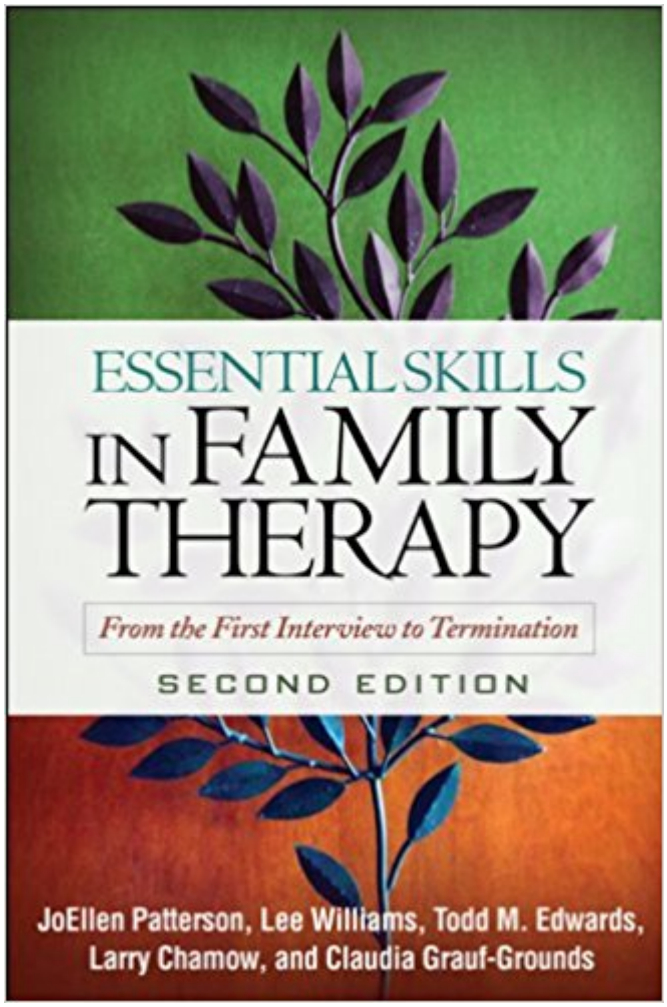
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Essential Skills In Family Therapy, Second Edition: From The First Interview To Termination (The Guilford Family Therapy Series)



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Synopsis

Readable and concise yet immensely informative, this bestselling text prepares students and new therapists to work confidently and effectively in real-world clinical practice with families. The authors offer wise and compassionate guidance on everything from intake and assessment to treatment planning, the nuts and bolts of specific interventions, the nuances of establishing therapeutic relationships, and how to troubleshoot when treatment gets Ã¢â ¬Å“stuck.Ã¢â ¬Â• They help the novice clinician navigate typical dilemmas and concerns, and spell out the basics of therapist self-care. Vivid case examples, sample forms, and quick-reference tables enhance the utility of the text.New to This Edition*Updated throughout to reflect current clinical findings and practices.*Many new or revised case examples.*Now more integrative--shows how to flexibly draw on multiple theories and techniques.*New topics, including "Dealing with Clients We Dislike."See also the authors' Essential Assessment Skills for Couple and Family Therapists, which shows how to weave assessment into all phases of therapy, and Clinician's Guide to Research Methods in Family Therapy.

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Customer Reviews

A+ Fast delivery, packed well, book in excellent condition. Also, I loved this book! I needed it for a class and usually after a class I end up selling the book (almost immediately!). Not this one! It's a keeper - simple to read yet packed with valuable information!

Used this as text in MSW family therapy class. Easy to read with a good overview of therapy techniques. Does not really cover family modalities or theories.

I needed this for a class. It is well written and lots of information to help with family therapy matters. I will keep it for future use.

I appreciate the content of this book as I complete Master's classes in counseling.

Although I am not quite finished this book, it has helped me decrease my anxiety as a beginning family therapist. It gives some insight on where to begin as a family therapist and skills that you can utilize. It gives input on treatment plans, assessment, and other valuable information. I recommend this book for beginning practitioner.

The pages are not meant to be highlighted, it seeps through. I ended up using a pencil which worked great. Otherwise great book.

Well written, easy to follow. Helps you to put together all the theories and knowledge you acquire while going through college. A most read for us, beginner therapists!

This book is a required reading for my practicum and internship class in Marriage and Family therapy, but it's an excellent book to help new therapists understand the realities of therapy. It breaks down the models and interventions that I've been learning about for 3 years into practical applications for working with real clients. It also explains creating treatment plans and writing process that are a necessity in the field.

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